

FAMILY CAMP - 1974

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						10:00 a.m. check out
		8:30 a.m. Buckskin Men Assemble at Flagpole				
		10:00 a.m. CHICKEN FAT EXERCISES				
		10:05 a.m. SWIM INSTRUCTION				
		10:05 a.m. ADULT CRAFTS		CHILDREN'S CRAFTS		
		12:00 noon LUNCH				
1:00 p.m. check in		1:00 - 2:00 p.m. QUIET HOUR				2:00 - 5:00 p.m. Husbands invited to Swim
		2:00 p.m. Eagle's Nest Hike	2:30 p.m. Nature Hike	2:00 p.m. Canoe Test	2:00 p.m. Canoe Trip	
		2:00 - 5:00 p.m. FREE SWIM AND OPEN CRAFTS				
2:00 p.m. Swim Check		3:00 - 4:00 p.m. HORSEBACK RIDING (Except Tuesday)				
		4:00 p.m. CHILDREN'S HOUR				
		4:00 p.m. ARCHERY				
		4:30-5:00 p.m. WATER GAMES AND RELAYS				
		5:00-5:30 p.m. BUCKSKIN SWIM LESSONS			5:00 p.m. Itsy Bitsy Hike	
5:00 AQUATIC DEMONSTRATION			6:00 p.m. Pot Luck			
7:00 p.m. Orientation Campfire		7:00 p.m. MILE SWIM				
		7:00 p.m. Games & Relays	7:00 p.m. Crystal Lake Hike	7:00 p.m. Owasippe Museum Tour	7:00 p.m. Craft Strip Finish up Clinic	
	8:00 p.m. Outdoor Camp- fire	8:00 p.m. Royal Order of the Spoon	8:00 p.m. Movie 25¢	8:00 p.m. Square Dance & Moonlight Swim, Hus- bands Invited		

ADULT CRAFTS

Morning

Monday 10:00 - 11:30
Adult Copper Enameling
10:00 - 11:00
Boss Gloss

Tuesday 10:00 - 11:30
Dip Flowers
10:00 - 11:00
Christmas Ornaments

Wednesday
10:00 - 11:15
Candles - Molds
Store Crafts

Thursday
10:00 - 11:30
Adult Copper Enameling
10:00 - 11:00
Dip Flowers

Friday 10:00 - 11:30
Adult Copper Enameling
Bracelets

Afternoon

Monday 2:00 - 4:00
Sand Candles
Cloth Flowers
Wood Burning

Tuesday 2:00 - 4:00
Bread Art
Leather Working
Wood Burning
Tiling
Adult Copper Enameling

Wednesday
2:00 - 4:00
Copper Enameling
(Children 9-12 only)
Pot Holders
Wood Burning
Grouting
Christmas Ornaments

Thursday
2:00 - 4:00
Sand Candles
Pot Holders
Wood Burning

Friday 2:00 - 4:00
Dip Flowers
Krimp Art
Open Help Clinic

POOL REGULATIONS

For your safety and convenience, the following is a brief list of rules which must be adheared to in your Family Camp pool.

1. Buddy Tag - You must turn in your buddy tag before entering the pool for the first time.
2. Shower - Everyone must take a soaking wet shower before entering the pool, to clean off feet and rinse off suntan lotion.
3. Bathing Caps - All persons with longer than mid-ear length hair must wear a bathing cap. Flowered caps are not allowed.
4. Swim suits only are allowed in the pool.
5. Any persons wishing to swim in the deep end must pass a swim test.
6. Diving Board - Only one person at a time on the Board. Keep the surrounding area clear.
7. No running, pushing, jumping in the water backwards or horse-play around the pool. Please no diving in the shallow end.
8. Band-aids, food, drink, chewing gum, smoking, shoes, towels, flotation devices and fins are not allowed in the pool.
9. Kick boards are for instructional use only..
10. Those who wish to wear masks or goggles must pass a test from one of the guards.
11. Children in the wading pool must be accompanied and supervised by an adult.

20-74

AQUATIC INFORMATION

Swimmers Test - Swim in the Deep Water - Jump or dive into deep water, surface and swim two (2) lengths of the pool. One length on stomach, one length on your back, then float or tread water for ½ minute.

Swimmers Test For Canoe Trip - Test will be given Thursday afternoon at 2:00. Test is five (5) lengths of pool (three on stomach or side, two on back, and float or tread water for a full minute).

Mother's Swim - Yes Mom you do get a chance for a restful, peaceful moment in the pool. At 15 minutes before each hour, during free swim, the guard will blow the whistle, clear all children from the pool for a rest period and all of you ladies (18 and over) stay in for a peaceful relaxing swim.

Mile Swim - Will be offered at 7 p.m. Monday thru Friday. You must sign up in advance.

Canoe Trip - On Friday at 1:50 p.m. we will venture forth from Family Camp to the Gus Kopp Dam on Lake Wolverine for an exciting afternoon of beautiful scenery, birds, fish and fun. You must sign up in advance, arrange car pools and pass the canoe swimmers' test.

Pool Games and Relays will be offered everyday from 4:30 to 5:00. Water Polo, Water basketball and other exciting marathons in the pool will take place. Also Beginning and Intermediate Diving will be offered.

10:00 - 10:30 -- Advanced Swimmer
Survival Swimming
Aquatic Art

10:30 - 11:00 -- Advanced Beginners
Intermediate

11:00 - 11:30 -- Mother's Swim
Swimnastics

11:30 - 12:00 -- Beginners
Non-Swimmers

2:00 - 4:30 -- Free Swim

4:30 - 5:00 -- Pool Games and Relays
Diving

5:00 - 5:30 -- Buckskin Men Swimming

7:00 -- Mile Swim

CC-74

I N C A S E O F F I R E

1. Notify the camp office in the recreation lodge immediately of the cabin number and/or location of fire.
2. Fire extinguishers are available at hydrants adjacent to each cabin and at the sanitary unit. Hoses and wrenches to be used with the hydrants are located in the hose cabinets at the sanitary units. This equipment is to be used for immediate protection until the fire department arrives.

S W I M M I N G P O O L R E G U L A T I O N S

1. A soaking wet shower is required for entrance to the pool area.
2. Females are required to wear bathing caps when inside the pool fence.
3. Food and beverages are not permitted inside the pool fence.
4. Toilet facilities for pool participants are located at the east end of the recreation lodge.
5. Parents must assume the supervision of children using the wading pool.
6. No one is permitted inside the pool fence except at those times when our lifeguard is present.
7. In order to maintain the condition of the lodge, we ask that all swimmers, while wet, not enter the building.

G E N E R A L I N F O R M A T I O N

1. Report any serious accidents or illnesses at the office in the recreation lodge of Family Camp immediately.
2. For the protection of all and in the interest of safety, we ask that cabin occupants leave the front porch light burning.
3. A refuse container is located in the lower portion of the cabinet, to the left of the stove unit. We ask that you use the paper liners provided rather than placing refuse or garbage directly into this container. Refuse stations are located on the perimeter roads adjacent to each commons. We ask that each day, or whenever necessary, the paper liner be removed from the refuse container, folded shut, and taken to the refuse station out near the road. Please be sure that all garbage can lids are tightly replaced.

Time will not permit an extensive cabin cleaning program between your departure and the arrival of our next guests. We ask each family to cooperate by leaving the cabin you occupy in as clean a condition as you found it. Cleaning equipment is available in each cabin for this purpose.

